




# January 2019 Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p>  <p><i>Solemnity of Mary, Mother of God</i></p> <p><b>New Year's Day</b> <i>School Closed</i></p>	<p>2</p>	<p>3</p>	<p>4</p>
<p>7</p> <p>Beef Stew Rice Carrot Soufflé Black Eye Peas Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) King Cake Milk</p>	<p>8</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll Milk</p> <p><b>Pre-K and K Option Only</b> Grilled Cheese Sandwich, Corn Chilled Mandarin Oranges, Cinnamon Roll, Milk</p>	<p>9</p> <p>Salisbury Steak Mashed Potatoes Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Cornbread Milk</p>	<p>10</p> <p>Meatsauce Spaghetti Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Garlic Rolls Milk</p>	<p>11</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Southern Butter Roll Brownies Milk</p>
<p>14</p> <p>Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K) Southern Butter Roll Milk</p>	<p>15</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) King Cake Milk</p> <p><b>Pre-K and K Option Only</b> Grilled Cheese Sandwich, Corn Chilled Pears, King Cake, Milk</p>	<p>16</p> <p>Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Garlic Roll Milk</p>  <p><b>Nutrition Day</b> <b>BRUSSEL</b> <b>SPROUTS</b></p>	<p>17</p> <p>BBQ Chicken Mac and Cheese Glazed Carrots Seasoned Green Peas Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K) Southern Butter Roll Milk</p>	<p>18</p> <p>Shrimp and Pasta Italian Salad Seasoned or Italian Green Beans Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K) Southern Butter Roll Cake Milk</p>
<p>21</p> 	<p>22</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) King Cake Milk</p> <p><b>Pre-K and K Option Only</b> Grilled Cheese Sandwich, Corn Chilled Applesauce, King Cake, Milk</p>	<p>23</p> <p>Chicken Stew Rice Black Eye Peas Spinach Salad Assorted Fruit Fresh Fruit Chilled Tropical Fruit (Pre-K) Cornbread Milk</p>	<p>24</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Soufflé Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K) Biscuit Milk</p>	<p>25</p> <p>Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Garlic Roll Cookie Milk</p>
<p>28</p> <p>Chicken Parmesan Spaghetti Seasoned Green Peas Assorted Fruit Fresh Fruit Chilled Pineapple (Pre-K) Garlic Rolls Milk</p>	<p>29</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce &amp; Chopped Tomato Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) King Cake Milk</p> <p><b>Pre-K and K Option Only</b> Grilled Cheese Sandwich, Corn Chilled Peaches, King Cake, Milk</p>	<p>30</p> <p>White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links California Blend Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cornbread Milk</p>	<p>31</p> <p>Turkey Stew Rice Creamed Spinach Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges(Pre-K) Southern Butter Roll Milk</p>	

