



COUGARS SHOW SPIRIT!

During the school year we will schedule Spirit Days which allow the students and faculty to show their spirit! Spirit days are associated with a school/community function, particular holiday or a fundraiser. Spirit days and the proper attire will be announced prior to the scheduled date.

Cougars Spirit Day Attire: Students in grades PreK – 1 are allowed to wear their MQP spirit shirt with appropriate jean shorts or school PE shorts and tennis shoes with socks. Students in grades 2 – 7 may wear their MQP spirit shirt with school PE shorts or jeans and tennis shoes with socks.

SAINTS Black/Gold Day Attire: Students are allowed to wear appropriate Saints shirts, black and/or gold t-shirts or spirit shirts, with jeans, uniform shorts or PE shorts, and tennis shoes with socks. Please, no SAINTS cheerleading outfits!

Fall Fest Attire: Students are allowed to wear appropriate Saints shirts, black and/or gold t-shirts or spirit shirts, with jeans, uniform shorts or PE shorts, and tennis shoes with socks.

Fleur-de-Fall Attire: Students are allowed to wear their Fleur-de-Fall t-shirts every Tuesday until the Auction. Shirts are worn with uniform bottoms and school shoes.

Red & Green Day: Students are allowed to wear appropriate Christmas shirt, red and/or green shirts or spirit shirts, with jeans, uniform shorts or PE shorts, and tennis shoes with socks.

Golf Tournament Shirts: Students are allowed to wear their Golf Tournament t-shirts every Tuesday until the tournament and on the day of the tournament. Shirts are worn with uniform bottoms and school shoes.

Field Day Dress: Students in grades PreK – 1 are allowed to wear their MQP spirit shirt with appropriate jean shorts or school PE shorts and tennis shoes with socks. Students in grades 2 – 7 may wear their MQP spirit shirt with school PE shorts or jeans and tennis shoes with socks. Please send a change of clothes and a towel.